

FRIDAY afternoon 14:30 - 18:30		mins.
ring 1	INDIVIDUAL SPARRING VETERAN SILVER MALE -90kg	60
	INDIVIDUAL SPARRING VETERAN GOLD MALE -80kg	20
	INDIVIDUAL SPARRING VETERAN SILVER FEMALE -61kg	20
	TEAM SPARRING VETERAN MALE	72
	INDIVIDUAL SPARRING JUNIOR 16-17 MALE -45kg	20
	SELF DEFENSE VETERAN FEMALE HERO	5
	SELF DEFENSE VETERAN MALE HERO	15
total	212	

FRIDAY afternoon 14:30 - 18:30		mins.
ring 2	INDIVIDUAL SPARRING JUNIOR 14-15 MALE -63kg	120
	INDIVIDUAL SPARRING JUNIOR 16-17 FEMALE -58kg	110
total	230	

FRIDAY afternoon 14:30 - 18:30		mins.
ring 3	INDIVIDUAL SPARRING JUNIOR 16-17 FEMALE -52kg	170
	INDIVIDUAL SPARRING JUNIOR 14-15 MALE +75kg	50
	INDIVIDUAL SPARRING ADULT MALE -50kg	40
total	260	

FRIDAY afternoon 14:30 - 18:30		mins.
ring 4	INDIVIDUAL SPARRING JUNIOR 16-17 MALE -69kg	150
	INDIVIDUAL SPARRING JUNIOR 16-17 FEMALE -46kg	50
	INDIVIDUAL SPARRING JUNIOR 16-17 FEMALE -70kg	60
	total	260

FRIDAY afternoon 14:30 - 18:30		mins.
ring 5	INDIVIDUAL SPARRING JUNIOR 16-17 MALE -51kg	110
	INDIVIDUAL SPARRING JUNIOR 16-17 MALE -57kg	110
	INDIVIDUAL SPARRING ADULT FEMALE -45kg	50
	total	270