

| <b>SATURDAY morning 9:00 - 13:00</b> |   | <b>mins.</b> |
|--------------------------------------|---|--------------|
| <b>ring 1</b>                        | INDIVIDUAL SPARRING JUNIOR 16-17 FEMALE -64kg | 100          |
|                                      | INDIVIDUAL SPARRING JUNIOR 16-17 FEMALE +70kg | 60           |
|                                      | INDIVIDUAL SPARRING ADULT FEMALE -51kg        | 70           |
|                                      |   |              |
|                                      |   |              |
|                                      |   |              |
|                                      |   |              |
| <b>total</b>                         | <b>230</b>                                    |              |

| <b>SATURDAY morning 9:00 - 13:00</b> |  | <b>mins.</b> |
|--------------------------------------|--|--------------|
| <b>ring 2</b>                        | INDIVIDUAL SPARRING ADULT MALE -78kg   | 150          |
|                                      | INDIVIDUAL SPARRING ADULT FEMALE -69kg | 80           |
|                                      |  |              |
|                                      |  |              |
|                                      |  |              |
|                                      |  |              |
|                                      |  |              |
| <b>total</b>                         | <b>230</b>                             |              |

| <b>SATURDAY morning 9:00 - 13:00</b> |   | <b>mins.</b> |
|--------------------------------------|---|--------------|
| <b>ring 3</b>                        | INDIVIDUAL SPARRING JUNIOR 16-17 MALE -63kg | 110          |
|                                      | INDIVIDUAL SPARRING JUNIOR 16-17 MALE -75kg | 120          |
|                                      |   |              |
|                                      |   |              |
|                                      |   |              |
|                                      |   |              |
|                                      |   |              |
| <b>total</b>                         | <b>230</b>                                  |              |

| <b>SATURDAY morning 9:00 - 13:00</b> |  | <b>mins.</b> |
|--------------------------------------|--|--------------|
| <b>ring 4</b>                        | INDIVIDUAL SPARRING ADULT FEMALE -63kg | 120          |
|                                      | INDIVIDUAL SPARRING ADULT FEMALE -75kg | 70           |
|                                      | INDIVIDUAL SPARRING ADULT MALE -57kg   | 50           |
|                                      |  |              |
|                                      |  |              |
|                                      |  |              |
|                                      |  |              |
| <b>total</b>                         | <b>240</b>                             |              |

| <b>SATURDAY morning 9:00 - 13:00</b> |   | <b>mins.</b> |
|--------------------------------------|---|--------------|
| <b>ring 5</b>                        | INDIVIDUAL SPARRING JUNIOR 16-17 MALE +75kg | 80           |
|                                      | INDIVIDUAL SPARRING ADULT FEMALE -57kg      | 140          |
|                                      |   |              |
|                                      |   |              |
|                                      |   |              |
|                                      |   |              |
|                                      |   |              |
| <b>total</b>                         | <b>220</b>                                  |              |